

Community Help & Advice Initiative (CHAI)

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ABOUT CHAI

Scottish charity

CHAI is a registered

providing free and

independent advice

housing, debt and

to people affected by

benefit issues in Edin-

burgh and Midlothi-

What Can You Claim During the Coronavirus Outbreak?

Last Updated: 18 March 2020

Have you been made redundant or laid off?

- You may be entitled to the new benefit
 Universal Credit. This will cover your living costs and your rent.
- How much you will get depends on your circumstances, i.e. whether you have children, your partner's income, or any other income and savings you have.
- Make a claim online at: www.gov.uk/apply-universal-credit or phone 0800 328 5644.
- You normally need to attend an appointment at the JobCentre to provide proof of ID and proof of rent and any income or savings.

 Claiming as a jobseeker usually means looking for work and signing on, but follow the advice provided by the DWP/your work coach as Government advice about social distancing may change in the future.

EXCEPTIONS!

• If you have worked without too many gaps for the last 2 to 3 years, you are likely to have enough NI contributions to qualify for contribution-based (new style) Jobseeker's Allowance JSA. You can make a claim for contributory (new style) JSA by phone: 0800 055 6688. You may also qualify for a top-up of Universal Credit, for example for your rent (unless you already claim housing benefit).

Our objectives are:

- To relieve poverty
- To provide welfare assistance
- To provide practical help
- To provide information, advice and support on issues such as housing, debt, benefits and employability.

If in doubt: Get Advice!

Are you self-isolating or ill due to COVID-19 (or caring for someone who is)?

CASE 1: If you are employed

- Claim Statutory Sick
 Pay (SSP)
 from your employer.
 You will be paid from
 Day 1. Your employer
 may also provide additional contractual sick pay.
- Phone NHS 111 for a fit note (instead of your GP) to give to your employer.
- Once SSP comes to an end after 28 weeks (not before), see Case 2 —>

CASE 2: If you have been laid off

- If you have enough NI contributions, you may be able to claim contributory (new style) ESA Employment Support Allowance. You can make a claim by phoning 0800 055 6688.
- If you don't have enough NI contributions or if you also have rent costs, claim Universal Credit. Apply online www.gov.uk/apply-universal-credit or phone 0800 328 5644.

You won't have to attend any appointments at the JobCentre to start your claim, and won't have to attend any medicals to prove you are unfit for work if you are affected by the coronavirus.



Are you waiting for a medical for ESA/PIP?

All face-to-face assessments for sickness and disability benefits have been **suspended** for 3 months with effect from 17 March 2020.

You will be notified by the DWP about any alternative arrangements which may involve either telephone or paper-based assessments.

If you claimed ESA because you are affected by the coronavirus because you have symptoms or are self-isolating (or need to care for someone who is), you won't have to attend any medical to prove you are unfit for work.

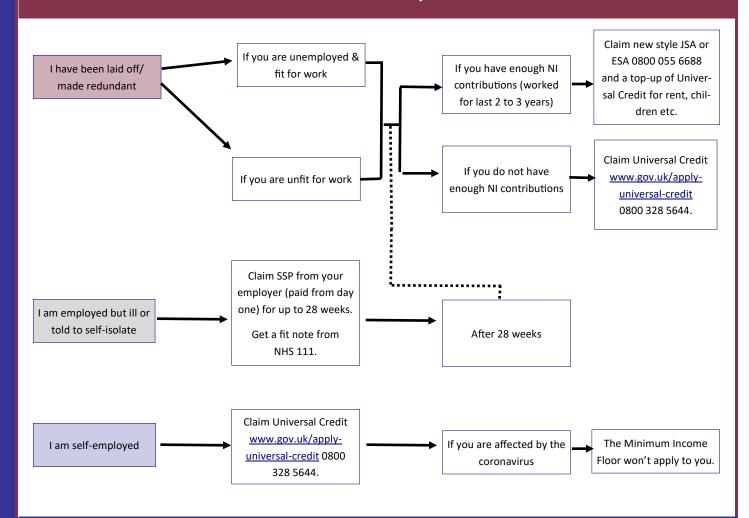
You can get a fit note from NHS 111.

Are you self-employed?

- Claim Universal Credit. Make a claim online at: <u>www.gov.uk/apply-universal-credit</u> or phone 0800 328 5644.
- If you claim Universal Credit and you are directly affected by coronavirus or self-isolating, the **Minimum**

Income Floor won't apply to you for the duration of the outbreak. This means your *actual* self-employment earnings will be taken into account each month—not estimated earnings based on how much you're supposed to work each month.

In summary



If in doubt: Get Advice!